

What do I need besides a birth pool to have a waterbirth?

Your Care Provider is the most important ingredient for a smooth, safe birth. Secondly, you need a quality Birth Pool and lastly Accessories to use the pool.

Here are some things to consider. All inflatable birth pools need to be inflated. An Electric Air Pump takes 15-20 minutes to fully inflate a birth pool. Follow the manufacturer's guidelines on fitting the Custom Liner onto the inflating pool. To fill the birth pool with water, you need a Hose (preferably lead-free) that will reach from your water source to the pool. A Faucet or Shower Adapter is needed to connect the hose to your water source. Filling the pool with warm water (between 90 – 98 °F is recommended) will take roughly 30 minutes in a hospital setting with unlimited hot water. With the help of an Electric Air Pump, Faucet/Shower Adapter, Hose and Liner the birth pool is now ready for use.

During use, a Floating Thermometer is handy as well as a Debris Net to remove any by-products of birth. Some Care Providers prefer to have a Disposable Mirror and a Flashlight handy.

To empty the pool you will need to drain the water. After you attach the waste hose to the Drain Pump, drop it into the pool, place the end in a toilet or shower basin and plug it in. An Electric Drain Pump will take approximately 30 minutes to drain a full pool.

Once the pool is empty, remove the Liner and follow procedures for cleaning the reusable equipment.

Hospital Supplies

Typically hospitals reuse the following items:

Electric Air Pump
Faucet or Shower Adapter
Lead-free Fill Hose
Drain Pump
Drain Hose
Flashlight

Hospitals typically consider these items Consumable Supplies:

Pool Liners
Long-sleeve Shoulder-Length Gloves
Thermometers
Debris Nets
Disposable Mirrors

Parts and Pricing

Part #	Description	Qty	Price
BHR00	*Birth Pool in a Box Regular Hospital Grade Pool	1 each	\$350.00
BHM00	*Birth Pool in a Box Mini Hospital Grade Pool	1 each	\$320.00
BLR10	Birth Pool in a Box Regular Liners	10 each	\$400.00
BLM10	Birth Pool in a Box Mini Liners	10 each	\$400.00
KX100	Deluxe Kit: Electric Air Pump, Faucet Adapter, Lead-free Hose, Floating Thermometer, Debris Net, Disposable Mirror, 792 gph Drain Pump, Pair of Gloves	1 each	\$110.00
GL100	Shoulder Length Long-Sleeve Gloves	100 each	\$38.95
DNC20	Debris Nets	20 each	\$117.00
TDC10	Floating Duck Thermometers	10 each	\$121.50
MD100	Disposable Mirror	1 each	\$6.50
FL200	Underwater Flashlight – 67 lumens	1 each	\$54.99

* Choice of Birth Pool