

What do I need besides a birth pool to have a waterbirth?

Your Care Provider is the most important ingredient for a smooth, safe birth. Secondly, you need a quality Birth Pool and lastly Accessories to use the pool.

Here are some things to consider. All inflatable birth pools need to be inflated. An Electric Air Pump takes 15-20 minutes to fully inflate a birth pool. Follow the manufacturer's guidelines on fitting the Custom Liner onto the inflating pool. To fill the birth pool with water, you need a Hose (preferably lead-free) that will reach from your water source to the pool. A Faucet or Shower Adapter is needed to connect the hose to your water source. Filling the pool with warm water (between 90 – 98 oF is recommended) will take roughly 30 minutes in a hospital setting with unlimited hot water. With the help of an Electric Air Pump, Faucet/Shower Adapter, Hose and Liner the birth pool is now ready for use.

During use, a Floating Thermometer is handy as well as a Debris Net to remove any by-products of birth. Some Care Providers prefer to have a Disposable Mirror and a Flashlight handy.

To empty the pool you will need to drain the water. After you attach the waste hose to the Drain Pump, drop it into the pool, place the end in a toilet or shower basin and plug it in. An Electric Drain Pump will take approximately 30 minutes to drain a full pool.

Once the pool is empty, remove the Liner and follow procedures for cleaning the reusable equipment.

Hospital Supplies

Typically hospitals reuse the following items:

Electric Air Pump
Lead-free Fill Hose
Drain Hose

Faucet or Shower Adapter
Drain Pump
Flashlight

Hospitals typically consider these items Consumable Supplies:

Pool Liners
Thermometers
Disposable Mirrors

Long-sleeve Shoulder-Length Gloves
Debris Nets

Part #	Description	Qty	Price
BIRTH POOLS			
LH100	LaBassine Original™ Professional Birth Pool	1	245.00
LHM00	LaBassine Maxi™ Professional Birth Pool	1	260.00
BULK			
LLC10	LaBassine Original™ Custom Fit Liners	10	330.00
LMC10	LaBassine Maxi™ Custom Fit Liners	10	330.00
GL100	Shoulder Length Long-Sleeve Gloves - 100 each	100	38.95
IG015	Impervious Gowns - 15 each	15	24.50
DNC20	Debris Nets	20	117.00
TDC10	Floating Duck Thermometers	10	121.50
KITS			
KS100	Standard Kit: Electric Air Pump, Faucet Adapter, Lead-free Hose, Floating Thermometer, Debris Net, Pair of Gloves	1	56.00
KX100	Deluxe Kit: Standard Kit above + Disposable Mirror and 792 gph Drain Pump	1	110.00
KD100	Disposable Kit: LaBassine Original™ or Maxi™ Liner, Floating Thermometer, Debris Net, Lead-free Hose, Electric Drain Pump, Pair of Gloves	1	95.00

A la Carte			
LL100	LaBassine Original™ Custom Fit Liner	1	33.00
LL200	LaBassine Maxi™ Custom Fit Liner	1	33.00
GLP01	Shoulder Length Long-Sleeve Gloves	2	1.00
IG100	Impervious Gown	1	1.65
PA100	Electric Air Pump	1	19.50
AF100	Faucet Adapter	1	5.25
TDC10	Floating Duck Thermometers	1	13.50
DNC20	Debris Net	1	6.50
HS100	25' Lead Free Hose	1	21.00
HS200	50' Lead Free Hose	1	31.00
DP100	Drain Pump 396 gph with 6 ft cord	1	38.00
DP200	Drain Pump 792 gph with 12 ft cord	1	60.00
MD100	Disposable Mirror	1	6.50
OTHER HELPFUL ITEMS			
FL200	Underwater Flashlight – 67 lumens	1	54.99
BB65U	Birth Ball - 65 cm - Purple	1	22.50
BB65P	Birth Ball - 65 cm - Pink	1	22.50
KA100	Kaya™ Birth Stool	1	490.00
LN100	Silvalea Birth Pool Lift Net	1	325.00

A combination of any above **ITEMS** (totaling \$50 or more) can be made into a Custom Kit and qualifies for a 15% discount.